

INTERNAL USE ONLY:

DATE:

CHECK#

Please fill out this form completely. Entry is NON-REFUNDABLE AND NON-TRANSFERABLE

Last Name: _____ First Name: _____

Mailing Address: _____ City: _____ State: _____ Zip: _____

Gender: M F Date of Birth: ____/____/____ T-shirt Size: S M L XL XXL Email: _____

Cell Phone Number: (____) _____ Emergency Contact: _____ Emergency Contact Number: (____) _____

 **Training Program for Everyone**
 **Interval Training Means you Get to Walk**
 **Just 3 Days a Week**
Veteran Group Leaders 
Walking Group Too 
First-Class Experience 


Our Fall Training program is our largest with over 600 participants aiming to complete the 2018 Miami Half or Full Marathon. Run your hometown and get a unique medal when you cross the finish line. Don't miss the TeamFootWorks Hospitality Village at Bayfront Park; enjoy massages, mimosas, omelettes, and more! Participants training for the Miami Full Marathon will start on August 5th while those training for the Miami Half Marathon start September 30th.



The Spring Half Marathon training program will travel in June to the Echo Half Marathon. 13.1 oak canopied miles on the beautiful paved trail from Osteen to DeBary, FL. This is a point-to-point half marathon ending in Gemini Springs Park for the after party and race awards ceremony. We enjoyed it so much in 2017, we decided to go back for the 2018 event. The Spring program begins February 17, 2018. Travel expenses and registration for the race are the responsibility of the participant.



The Summer Half Training Program trains participants for the October 27, 2018 Miami Beach Halloween Half Marathon. This event marries Halloween, costume themes, and a running event! Each year features a different traditional Halloween character and unique finisher medal. Participants can run in costume and compete in one of several categories like fastest superhero, fastest monster, et al. The Summer Program begins July 7, 2018.

FALL		SPRING	SUMMER	BUNDLE! <i>RUN AND SAVE!</i> THREE CONSECUTIVE PROGRAMS Target Event: ALL THREE! <i>choose your fall program</i> <input type="checkbox"/> FULL <input type="checkbox"/> HALF Fee: \$199 <i>add \$11.96 if paying w/ CC</i>
Full Marathon Starts Aug 5 Dates: Aug 5 to Jan 28 Target Event: Miami Full Marathon <input type="radio"/> Fee: \$149 <i>add \$9.96 if paying with CC</i>	Half Marathon Starts September 30 Dates: Sept 30 to Jan 28 Target Event: Miami Half Marathon <input type="radio"/> Fee: \$149 <i>add \$9.96 if paying with CC</i>	Half Marathon Starts Feb 18 Dates: Feb 17 to June 3 Target Event: Echo Half Marthon <input type="radio"/> Fee: \$99 <i>add \$5.97 if paying with CC</i>	Half Marathon Starts July 7 Dates: July 7 to Oct 27 Target Event: Halloween Half Marathon <input type="radio"/> Fee: \$99 <i>add \$5.97 if paying with CC</i>	

Mail completed entry form with fee payable by check or money order to:

TeamFootWorks
 Attn: Training Programs
 5724 Sunset Drive
 South Miami FL, 33143

 To pay with a credit card please visit
TeamFootWorks.org

Program cost does not include race registration fees.
You are responsible for securing your entry to the race.
 Check here if you have you trained with us before!
REQUIRED WAIVER

Waiver: I know that participating in a run/walk event is potentially hazardous. I will not enter and participate unless I am medically able and properly trained. I warrant I am fit and able to safely complete the event. I assume all risks associated with the event, including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course. All of these risks are known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, and anyone acting on my behalf, waive, release and hold harmless TeamFootWorks, the Road Runners Club of America, all suppliers, all sponsors, and its affiliates, the municipalities in which the event is held, all the aforementioned named parties' respective directors, officers, employees, agents, assigns, representatives and successors and any official or group associated therewith, from and against all claims, damages, liabilities, costs and expenses, of any kind, including reasonable attorneys' fees, arising out of my participation in this event even though that liability may arise out of my negligence or carelessness, and/or the negligence of carelessness of any individual or organization named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, verbal or written statements, or any other record of this event, for any legitimate purpose. I am of legal age, have read this release, fully understand it, and freely agree to all of its terms. **I understand there are no refunds, exchanges, or transfers.**

Signature of Applicant

Date

Signature of Parent or Legal Guardian (if applicant is under 18)

Date